

Aleinu Text for Ten Sefirot

היא אֱלֹהֵינוּ אֵין עוֹד
Hu Elohienu Ayn Od
(*It is our Divinity, There is Nothing Else*)

אָמֶת מַלְכֵנוּ אֲפָס זוֹלָתוּ
Emet Malkeinu, Efes Zulato
(*Truth is Sovereign, there is Nothing except It*)

כְּכֹתוּב בְּתוֹרַתְךָ וַיַּדַּעַת הַיּוֹם
Kaktuv b'Torato, v'yadata hayom,
(*As it is written in Torah, “Know Today”*)

וְהַשִּׁבְתָּה אֶל לְבָבֶךָ
V'hashivota El L'vemekha
(*Return to your heart*)

כִּי יְהוָה הוּא הָאֱלֹהִים
Ki Hashem Hu HaElohim
(*For Existence Itself is the [Embodied] Divine*)

בָּשָׁמַיִם מִמְּעָל
BaShamayim MiMa'al
(*In the Heavens Above*)

וְעַל הָאָרֶץ מִפְּנָה אֵין עוֹד
V'al Ha'Aretz MiTakhat, Ayn Od
(*And Upon the Earth Below, there is Nothing Else.*)

עַל כֵּן נַקְוֵה לְךָ יְהוָה אֱלֹהֵינוּ לְרֹאות מְהֻרָה בְּתִפְאָרָת עֲזָקָה
Al kein n'kaveh L'kha Adonai Eloheiun lir'ot m'heirah b'Tiferet uzekha~
(*Therefore, we put our hope in You, Hashem, our Divinity, to see speedily the Radiance [Tiferet] of Your strength*)

לְתַקֵּן עוֹלָם
L'Takein Olam
(*To Fix/Heal the World*)

בְּמַלְכָוָת שָׁדַי
B'Malkhut Shadai
(*In The Kingdom of the Breasted God*)

Kabbalistic Kavanah Formula

לְשֵׁם יְהוָה קָדוֹשׁ אֱלֹהִים
L'Shem Yikhud Kudsha Brikh Hu
(For the sake of unifying the Blessed Holy One)

וּשְׁכִינַתָּה
U'Shekhintei
(And the Divine Presence)

בְּדָקֵל וּרְחֵם, לִיחֶד שֵׁם יְהוָה בִּיחוּדָה שְׁלֵימָן בְּשֵׁם כָּל יִשְׂרָאֵל
Bidkhilu urkhimu l'yakhed Shem Yod Hei b'vav Hei, biyekhuda sh'lim,
b'shem kol Yisrael!
(In awe and love, to unify the Yod-Hei
with the Vav-Hei in perfect unity, in the name of all Israel!)